

WORKING WOOD 1 2 THE ARTISAN COURSE WITH PAUL SELL Textbook

Working Wood 1 2 The Artisan Course with Paul Sell offers woodworking enthusiasts and aspiring artisans an exceptional opportunity to develop their skills under the guidance of one of the most respected figures in the craft. This comprehensive course is designed to take participants from beginner to advanced levels, focusing on traditional woodworking techniques, craftsmanship, and the artistry involved in working with wood. Whether you're looking to refine your skills, learn new techniques, or start a career in woodworking, the Working Wood 1 2 The Artisan Course with Paul Sell provides an immersive learning experience that emphasizes quality, precision, and creative expression.

What is the Working Wood 1 2 The Artisan Course?

An Overview of the Course

The Working Wood 1 2 The Artisan Course is a structured, hands-on program developed by Paul Sell, a renowned master woodworker and educator. The course is tailored to teach participants the fundamental principles of traditional woodworking, with a focus on craftsmanship, safety, and the development of a personal woodworking style. It combines theoretical knowledge with practical exercises, allowing students to learn by doing.

Who Should Enroll?

This course is suitable for a broad audience, including:

- Beginners interested in woodworking
- Intermediate woodworkers seeking to refine their skills
- Artists and craftsmen wanting to explore traditional techniques
- Hobbyists aiming to produce high-quality handmade furniture and projects

Regardless of prior experience, the course is designed to be accessible and to promote mastery of core woodworking skills.

Key Components of the Working Wood 1 2 The Artisan Course

Foundational Skills and Techniques

The course begins with the basics, ensuring participants have a solid understanding of essential woodworking skills, including:

- Measuring and marking accurately
- Choosing appropriate woods for different projects
- Using hand tools effectively and safely
- Understanding grain orientation and wood properties

Hands-On Projects

Participants work on a variety of projects that demonstrate core techniques and encourage creativity. These projects often include:

- Simple furniture pieces like stools or small tables
- Joinery techniques such as dovetails and mortise-and-tenon joints
- Carving, shaping, and finishing wood surfaces
- Creating decorative elements and inlays

Advanced Techniques

As students progress, the course introduces more complex skills such as:

- Traditional marquetry and inlay work
- Refined hand-tool sharpening and maintenance
- Design and planning for custom projects
- Finishing techniques that enhance durability and aesthetics

The Teaching Approach of Paul Sell

Emphasis on Traditional Craftsmanship

Paul Sell's teaching philosophy centers around the importance of understanding traditional woodworking techniques. His approach emphasizes patience, precision, and attention to detail, fostering a mindset that values quality over speed.

Practical, Step-by-Step Instruction

Participants benefit from Paul Sell's clear, methodical teaching style. The course involves:

- Demonstrations of techniques
- Guided practice sessions
- Personalized feedback from Paul Sell and instructors

Focus on Safety and Skill Development

Safety is a core element of the program, ensuring students learn how to handle tools responsibly. Additionally, the course encourages problem-solving and adaptability, essential skills for any artisan.

Benefits of Taking the Working Wood 1 2 The Artisan Course

Skill Enhancement

Participants leave the course with a strong foundation in traditional woodworking skills, capable of undertaking complex projects with confidence.

Artistic Growth

Beyond technical proficiency, the course nurtures creativity and encourages students to develop their unique style and design sensibility.

Access to Expert Knowledge

Learning directly from Paul Sell provides invaluable insights into craftsmanship, history, and the philosophy behind traditional woodworking.

Community and Networking

Students become part of a community of passionate woodworkers, gaining opportunities for collaboration, mentorship, and continued learning.

Why Choose the Working Wood 1 2 The Artisan Course?

Hands-On Learning Environment

The course's practical focus ensures that students gain real-world skills through active participation, not just theoretical learning.

Comprehensive Curriculum

Covering everything from basic techniques to advanced projects, the curriculum is well-rounded and

designed to build confidence step-by-step.

Authentic Traditional Techniques

In an era of mass-produced furniture, this course champions authentic craftsmanship, emphasizing the value of handmade, durable, and beautiful woodwork.

Flexibility and Accessibility

The course is often offered in various formats, including in-person workshops and online tutorials, making it accessible to a wider audience.

Testimonials and Success Stories

Many past students of the Working Wood 1 2 The Artisan Course have gone on to create successful careers or personal projects that showcase their skills. Testimonials often highlight:

- Enhanced confidence in using hand tools
- Improved understanding of wood properties
- Ability to undertake complex woodworking projects
- Inspiration to pursue woodworking as a lifelong passion or profession

These success stories underscore the effectiveness and impact of Paul Sell's teaching methodology.

How to Enroll in the Working Wood 1 2 The Artisan Course

Enrollment Process

Interested individuals can typically enroll through the official website or authorized training centers. The process involves:

- Reviewing course dates and availability
- Completing an application form
- Paying course fees
- Preparing necessary tools and materials, if specified

Course Requirements

While the course is beginner-friendly, participants are encouraged to have a genuine interest in woodworking and a willingness to learn and practice diligently.

Conclusion

Working Wood 1 2 The Artisan Course with Paul Sell represents an exceptional opportunity for anyone committed to mastering traditional woodworking techniques. With its comprehensive curriculum, expert instruction, and hands-on approach, the course equips students with the skills, confidence, and artistic sensibility to produce high-quality woodwork. Whether you aspire to craft beautiful furniture, develop a lifelong hobby, or pursue a professional path in woodworking, this course provides the foundational knowledge and practical experience necessary to succeed.

Final Thoughts

Investing in the Working Wood 1 2 The Artisan Course is more than just learning new skills—it's about embracing a timeless craft, appreciating the artistry of working with wood, and developing a craftsman's mindset. With Paul Sell's mentorship, students are empowered to create functional and beautiful pieces that reflect skill, patience, and passion for traditional woodworking. Enroll today and start your journey into the world of artisan woodworking!

Working Wood 1 2 The Artisan Course with Paul Sell is a comprehensive woodworking program tailored for enthusiasts and aspiring artisans eager to hone their craft under the guidance of a seasoned master. This course stands out by blending traditional woodworking techniques with modern insights, offering students a rich, hands-on learning experience that emphasizes craftsmanship, attention to detail, and a deep understanding of wood as a natural material. Whether you're a beginner or an intermediate woodworker looking to elevate your skills, this course provides an engaging pathway to mastery.

Introduction to the Course

What is Working Wood 1 2 The Artisan Course with Paul Sell?

At its core, this course is a curated series of lessons designed by Paul Sell, a highly respected figure in traditional woodworking circles. The program aims to teach students not just how to make furniture or wood projects, but how to understand and work with wood in a way that respects its natural properties and history.

The course is typically delivered through a combination of online videos, detailed project plans, and practical assignments, making it accessible for learners from around the world. It's especially suited for those who want to develop a solid foundation in hand tool techniques, learn about wood selection, and understand the artisan approach to woodworking.

Who is Paul Sell?

The Expertise Behind the Course

Paul Sell is renowned for his dedication to traditional woodworking and his ability to communicate complex techniques with clarity and patience. With decades of experience, Paul emphasizes the importance of understanding wood as a living material and advocates for the use of hand tools to achieve precision and craftsmanship.

His approach is rooted in a philosophy that values skill development, attention to detail, and the joy of making with one's hands. As a result, students of his courses often develop a deep appreciation for the craft, gaining not only technical skills but also a sense of connection to woodworking's rich heritage.

Course Structure and Content Overview

Core Modules and Learning Path

Working Wood 1 2 is typically divided into modules that progress from fundamental skills to more advanced techniques. Each module builds upon the previous, ensuring a logical and cumulative learning experience.

The key modules include:

- Introduction to Tools and Materials
- Wood Selection and Preparation
- Measuring, Marking, and Layout
- Basic Joinery Techniques
- Carving, Shaping, and Finishing
- Assembly and Final Finishing
- Project Work and Practical Applications

Emphasis on Practical Skills

The course is heavily focused on hands-on practice. Students are encouraged to make small projects such as boxes, stools, or simple furniture pieces. These projects serve as an excellent way to apply learned techniques, develop muscle memory, and understand the nuances of working with different types of wood.

Supporting Materials

In addition to video tutorials, the course offers detailed plans, safety advice, troubleshooting tips, and techniques for maintaining and sharpening tools. This comprehensive support helps students develop confidence and independence in their woodworking journey.

Key Learning Outcomes

By the end of Working Wood 1 2, participants can expect to:

- Understand various wood types and how to select appropriate materials
- Master fundamental hand tool techniques, including sawing, planing, chiseling, and carving
- Develop accurate measuring and layout skills for precise work
- Execute basic joinery methods such as mortise and tenon, dovetails, and lap joints
- Gain confidence in assembling projects and applying finishes
- Cultivate an artisan mindset focused on craftsmanship and attention to detail

Why Choose This Course?

Benefits of Learning with Paul Sell

- **Authentic Traditional Techniques:** The course emphasizes the use of hand tools, aligning with classic woodworking traditions.
- **Expert Guidance:** Paul's clear instruction and patient teaching style help learners overcome challenges.
- **Comprehensive Curriculum:** From tool care to finishing, the course covers all essential aspects of woodworking.
- **Flexibility:** As an online course, it allows learners to progress at their own pace and revisit materials as needed.
- **Community and Support:** Many courses include access to forums or groups where students can share progress and seek advice.

Ideal Audience

- Beginners seeking a solid foundation in woodworking
- Hobbyists wanting to refine their hand tool skills
- Aspiring artisans interested in traditional craftsmanship
- Anyone passionate about creating high-quality, handmade wooden items

Practical Tips for Success

Preparation Before Starting

- Gather Basic Tools: Start with essential hand tools such as saws, chisels, planes, and a square.
- Choose Appropriate Wood: Opt for softwoods like pine or hardwoods like cherry, depending on projects.
- Create a Dedicated Workspace: A well-lit, organized area will enhance safety and focus.

During the Course

- Practice Regularly: Consistent practice helps internalize techniques.
- Take Notes: Document tips, measurements, and observations for future reference.
- Seek Feedback: Share your work with peers or instructors and be open to critique.
- Be Patient: Mastery takes time; focus on progress rather than perfection.

Post-Course Development

- Build More Projects: Apply skills to new projects to reinforce learning.
- Explore Advanced Techniques: Gradually incorporate more complex joinery, carving, or finishing.
- Join Woodworking Communities: Engage with local clubs or online forums to stay inspired and motivated.

Enhancing Your Learning Experience

Recommended Additional Resources

- Books: "The Complete Book of Woodworking" by Tom Carpenter, "The Intelligent Hand" by Peter Follansbee
- YouTube Channels: Paul Sell's official channel, Roy Underhill, Matthias Wandel
- Tools and Materials Suppliers: Specialist woodworking stores for quality hand tools and wood

Practice Projects Ideas

- Simple dovetailed box
- Wooden stool or bench
- Small wall shelf with joints

- Carved wooden spoon or chopping board

Conclusion: Is Working Wood 1 2 The Artisan Course with Paul Sell Right for You?

If you are passionate about woodworking and eager to develop a strong foundation rooted in traditional hand tool techniques, this course offers a rich, immersive experience. Paul Sell's expertise and thoughtful pedagogy foster not just skills but also a deeper appreciation for the craft. Whether you aim to create heirloom-quality furniture or simply enjoy the meditative process of working with wood, this course provides the tools, guidance, and inspiration to elevate your artisan skills.

By committing to this journey, you join a community of woodworking enthusiasts dedicated to craftsmanship, patience, and the timeless art of working wood. Start with the fundamentals, embrace the learning curve, and enjoy the satisfying process of transforming raw timber into beautiful, functional objects.

Embark on your woodworking journey today ? with Paul Sell as your guide, your craftsmanship will flourish, and your appreciation for woodwork will deepen.

Question What are the main topics covered in the 'Working Wood 1 & 2: The Artisan Course with Paul Sell'? The course covers fundamental woodworking skills, including hand tool techniques, joinery, finishing, and project construction, all taught by Paul Sell to develop craftsmanship and confidence in woodworking. **Who is Paul Sell, and what makes his woodworking courses unique?** Paul Sell is a renowned British woodworker and educator known for his traditional hand-tool techniques and clear teaching style. His courses emphasize craftsmanship, patience, and attention to detail, making them ideal for both beginners and experienced woodworkers. **Is the 'Working Wood' course suitable for beginners or experienced woodworkers?** The course is designed to cater to a wide range of skill levels, starting with foundational skills suitable for beginners and progressing to more advanced techniques, making it valuable for woodworkers of all experience levels. **What kind of projects can I expect to build in the 'Working Wood 1 & 2' course?** Participants typically work on practical projects such as small furniture pieces, joinery techniques, and hand-tool skills that build a solid foundation for more complex woodworking projects. **How can I access the 'Working Wood 1 & 2: The Artisan Course with Paul Sell'?** The course is available through online platforms where Paul Sell offers video tutorials, instructional guides, and community support, allowing learners to study at their own pace from anywhere.

Related keywords: woodworking, artisan course, Paul Sell, woodworking skills, craftsmanship, woodworking tutorials, carpentry training, handmade furniture, woodworking techniques, craft courses

Be with

be with is a phrase that resonates deeply across different aspects of life—whether in relationships, personal growth, or day-to-day interactions. It encapsulates the idea of presence, companionship, and emotional connection. Understanding the multifaceted meaning of "be with" can help individuals foster stronger relationships, improve their mental well-being, and cultivate a more mindful approach to life. In this comprehensive guide, we will explore the various dimensions of "be with," including its significance in relationships, its role in self-awareness, and practical ways to embody this concept in everyday life.

Understanding the Meaning of "Be With"

The phrase "be with" is versatile and context-dependent. At its core, it signifies being present, sharing experiences, and forming bonds with others or oneself. It can imply:

- Emotional connection: Being emotionally available and attentive.
- Physical presence: Spending time together in person.
- Mindfulness: Being fully present in the moment.
- Supportiveness: Offering companionship during difficult times.
- Acceptance: Embracing oneself or others without judgment.

Recognizing these facets helps to appreciate the depth and importance of "be with" in fostering meaningful relationships.

The Significance of "Be With" in Relationships

Relationships are the foundation of human experience, and "being with" someone is central to creating trust, intimacy, and mutual understanding. Whether romantic, familial, or friendship-based, the act of simply being with another person can have profound effects.

Emotional Presence and Connection

Being with someone emotionally involves more than just physical proximity. It requires active listening, empathy, and genuine interest. When you "be with" someone emotionally, you:

- Validate their feelings.
- Offer a safe space for expression.
- Demonstrate understanding and compassion.

This emotional presence strengthens bonds and fosters a sense of security.

Physical Presence and Quality Time

Spending quality time together is essential in nurturing relationships. Being with someone physically can involve:

- Sharing meals.
- Going for walks.
- Engaging in shared hobbies.
- Simply sitting in silence, appreciating each other's company.

These moments create memories and deepen connections.

The Role of "Be With" in Building Trust

Trust develops when individuals feel genuinely "with" each other. Consistency, attentiveness, and authenticity are key. When you show up for someone consistently and are present in their life, you cultivate a foundation of trust and reliability.

Practicing "Be With" in Your Daily Life

Integrating the concept of "be with" into daily routines can enhance your relationships and personal well-being. Here are practical ways to embody this idea:

Mindfulness and Presence

- Practice mindfulness meditation to increase your awareness of the present moment.
- During conversations, focus fully on the speaker without distractions.
- Limit multitasking when spending time with others.

Active Listening

- Listen attentively without planning your response.
- Nod or provide affirmations to show engagement.
- Reflect back what you've heard to ensure understanding.

Offering Support and Compassion

- Be available during others' challenging times.
- Show empathy through words and actions.
- Avoid judgment or unsolicited advice; sometimes, just being there is enough.

Self-Reflection and Self-Compassion

- Be with yourself by practicing self-awareness.
- Acknowledge your feelings without suppression.
- Engage in self-care routines that nourish your mind and body.

The Spiritual and Philosophical Aspects of "Be With"

Beyond relationships, "be with" also has spiritual and philosophical connotations. It emphasizes unity, presence, and acceptance of the flow of life.

Being Present in the Moment

Practicing presence aligns with mindfulness philosophies. It encourages individuals to:

- Let go of past regrets and future anxieties.
- Embrace the current experience fully.
- Cultivate gratitude for the present.

Acceptance and Non-Judgment

"Be with" entails accepting situations and people as they are, fostering a sense of peace and understanding.

Unity and Connection

Recognizing that we are interconnected encourages compassion and empathy, emphasizing that "being with" others is part of the human experience.

Common Challenges in Practicing "Be With"

While the concept is simple in theory, it can be challenging to embody consistently. Common obstacles include:

- Distractions and digital interruptions.
- Emotional barriers like fear, mistrust, or past hurt.
- Time constraints and busy schedules.
- Personal insecurities or self-doubt.

Overcoming these challenges requires intentional effort and practice.

Tips to Enhance Your Ability to "Be With" Others and Yourself

- Set boundaries to ensure quality interactions.
- Practice active mindfulness in daily activities.
- Engage in reflective journaling to understand your feelings.
- Prioritize quality over quantity in relationships.
- Learn to listen without judgment and offer genuine support.

Conclusion: Embracing the Power of "Be With"

"Be with" is more than just a phrase; it embodies a philosophy of presence, connection, and acceptance. Whether in nurturing intimate relationships, supporting friends and family, or fostering a healthier relationship with oneself, embodying "be with" can lead to more meaningful, fulfilling experiences. By cultivating mindfulness, compassion, and genuine engagement, you can enrich your life and the lives of those around you. Remember, at its heart, "be with" reminds us that true connection begins with being fully present—an act that has the power to transform relationships and inner peace alike.

Be With: An In-Depth Exploration of Connection, Presence, and Meaning

In an era defined by rapid technological change, social upheaval, and shifting cultural norms, the concept of "be with" has taken on profound significance. Far beyond its simple grammatical structure, "be with" encompasses themes of companionship, mindfulness, emotional intimacy, and existential presence. This long-form exploration aims to dissect the multifaceted nature of "be with", examining its psychological, philosophical, and cultural dimensions, and offering insights into how this phrase influences human experience.

Understanding the Phrase "Be With": Definitions and Variations

At its core, "be with" is a versatile phrase whose meaning shifts depending on context. It can denote:

- Presence and companionship: Being physically or emotionally alongside someone.

- Acceptance and mindfulness: Embracing the present moment or one's current state.
- Relationship commitment: The act of being in a romantic, familial, or platonic partnership.
- Alignment and harmony: Living in accordance with one's values or the natural flow of life.

These variations reveal that "be with" is less about a static state and more about a dynamic process of engagement, connection, and authentic existence.

The Psychological Dimension of "Be With"

Presence and Mindfulness

One of the most profound interpretations of "be with" is rooted in mindfulness practices. To be with oneself or others in the present moment fosters emotional resilience, reduces stress, and enhances well-being. Mindfulness-based therapies encourage individuals to be with their thoughts, feelings, and sensations without judgment, cultivating a sense of inner peace.

Key aspects include:

- Acceptance: Allowing emotions to be present without suppression or avoidance.
- Non-attachment: Recognizing transient thoughts and feelings without clinging.
- Compassion: Extending kindness inwardly and outwardly.

Research indicates that practicing "being with" one's emotions can improve mental health, bolster emotional intelligence, and deepen interpersonal relationships.

Attachment and Connection in Relationships

In romantic and platonic contexts, "be with" signifies emotional availability and genuine connection. Healthy relationships often hinge on the ability to be with another person authentically?listening, empathizing, and sharing vulnerabilities.

Studies in attachment theory reveal that individuals who are comfortable being with their partner's emotions tend to report higher relationship satisfaction. Conversely, avoidance of being with difficult feelings or conflicts can erode intimacy.

Common themes include:

- Empathy: Truly listening and understanding the other.
- Presence: Giving undivided attention.

- Mutual vulnerability: Sharing fears, hopes, and insecurities.

Philosophical and Cultural Perspectives on "Be With"

Existential Philosophy and the Art of "Being"

Existential philosophers like Jean-Paul Sartre and Martin Heidegger emphasize the importance of authentic existence?being with oneself and the world in a genuine manner. Heidegger's concept of Dasein ("being there") underscores the necessity of authentic presence and awareness.

In this context, "be with" involves:

- Living intentionally.
- Facing mortality and the transient nature of life.
- Cultivating a sense of connectedness with existence itself.

This philosophical outlook encourages individuals to be with their authentic selves, embracing both their limitations and potentials.

Cross-Cultural Interpretations

Different cultures have unique perspectives on "be with":

- Japanese: The concept of "wa" emphasizes harmony and being with others in a way that fosters social cohesion.
- African: The idea of Ubuntu ? "I am because we are" ? highlights communal existence and interconnectedness.
- Indigenous Cultures: Often stress living in harmony with nature and the community, embodying the essence of being with the environment and others.

These cultural paradigms show that "be with" is integral to collective identity and societal functioning.

The Role of "Be With" in Modern Society

Digital Age and the Challenge of Connection

In a world saturated with social media, the act of being with has transformed dramatically. Virtual interactions can create a paradoxical sense of loneliness amid connectivity. The superficiality of

online engagements can hinder genuine presence and authentic connection.

Challenges include:

- Superficial interactions: Likes and comments replacing meaningful conversations.
- Distraction: Constant notifications preventing mindfulness.
- Emotional disconnection: An inability to be with difficult feelings or conflicts.

However, the digital realm also offers opportunities for deeper being with others through virtual support groups, mindfulness apps, and online communities that encourage authentic sharing.

Therapeutic and Wellness Practices Centered on "Being With"

Contemporary therapeutic approaches increasingly emphasize "being with" as a foundational principle:

- Mindfulness-Based Stress Reduction (MBSR): Encourages participants to be with their sensations and thoughts.
- Compassion-Focused Therapy: Teaches clients to be with their emotional vulnerabilities.
- Somatic therapies: Focus on bodily awareness, fostering a sense of being with one's physical experience.

These practices aim to cultivate acceptance, resilience, and emotional depth.

Practical Applications and Exercises to Cultivate "Be With"

To integrate "be with" into daily life, consider the following exercises:

- Mindful Breathing

Focus on your breath for five minutes, observing sensations without judgment.

- Emotion Journaling

Write down feelings as they arise, allowing yourself to be with each emotion fully.

- Active Listening

When engaging with others, practice silent presence, resisting the urge to interrupt or judge.

- Nature Immersion

Spend time outdoors, consciously observing your surroundings to be with the natural world.

- Body Scan Meditation

Systematically bring awareness to different parts of your body, fostering physical and emotional presence.

Consistent practice of these exercises can deepen your capacity to be with yourself and others authentically.

Critiques and Limitations of "Be With"

While "be with" offers numerous benefits, it is not without challenges:

- Emotional Overwhelm: Fully being with difficult feelings can be distressing without adequate support.
- Cultural Variability: Not all cultures prioritize or interpret "be with" similarly, influencing its applicability.
- Misinterpretation: Overemphasis on being with can lead to avoidance of necessary action or change.

Balancing being with and proactive engagement is essential for healthy functioning.

Conclusion: Embracing the Power of "Be With"

The phrase "be with" encapsulates a profound approach to life—one rooted in presence, connection, acceptance, and authenticity. Whether viewed through psychological, philosophical, or cultural lenses, "be with" invites us to slow down, embrace the moment, and cultivate genuine relationships with ourselves, others, and the world.

In a society often driven by speed and superficiality, mastering the art of "being with" can serve as a pathway to deeper fulfillment, resilience, and meaningful existence. It challenges us to confront our

inner landscapes and external realities with honesty and compassion, ultimately fostering a richer, more connected human experience.

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In embracing "be with", we open ourselves to a richer, more authentic existence?one that celebrates presence over perfection, connection over distraction, and being over doing.

Question What does it mean to be with someone in a relationship? Being with someone in a relationship typically means sharing a committed, mutual connection, often involving emotional intimacy, support, and companionship. How can I be with someone who lives far away? To be with someone long-distance, focus on regular communication, trust, setting shared goals, and planning visits to maintain your bond despite the physical distance. What are some ways to be with yourself and practice self-love? Being with yourself involves self-reflection, engaging in activities you enjoy, practicing mindfulness, and prioritizing your well-being to foster self-love and acceptance. How does being with family influence our mental health? Being with family provides emotional support, a sense of belonging, and stability, which can positively impact mental health, though unhealthy dynamics may have adverse effects. What does it mean to be with someone in a supportive way? Being with someone supportively involves listening, understanding their feelings, offering help when needed, and being present during both good and challenging times. How can I be with my friends more meaningfully? To be with friends meaningfully, prioritize quality time, active listening, sharing experiences, and showing genuine care and interest in their lives. What are some signs that someone truly wants to be with you? Signs include consistent communication, making time for you, showing interest in your life, supporting you, and demonstrating trust and respect in the relationship.

Related keywords: companionship, presence, together, accompany, stay, unite, connect, associate, link, join

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