

SMALL KANNADA POEMS FOR KIDS Handbook

Small Kannada Poems for Kids: A Delightful Way to Introduce Poetry and Language

Introducing children to poetry at an early age can significantly enhance their language skills, creativity, and emotional development. **Small Kannada poems for kids** serve as perfect tools for parents and educators to nurture a child's love for their native language, culture, and literature. These short, rhythmic, and engaging poems are easy to memorize, making them ideal for young learners. Whether it's for school activities, bedtime stories, or just for fun, small Kannada poems can spark curiosity and foster a lifelong appreciation for poetry.

In this article, we will explore various small Kannada poems suitable for kids, their importance in early childhood education, and tips on how to use them effectively.

Importance of Small Kannada Poems for Kids

1. Language Development

Small Kannada poems help children grasp the sounds, rhythm, and pronunciation of their mother tongue. Repeating rhymes enhances their vocabulary and improves their speaking skills.

2. Cultural Connection

Poetry rooted in Kannada traditions introduces children to their cultural heritage, festivals, and folklore, fostering a sense of pride and identity.

3. Cognitive Skills

Memorizing short poems boosts memory, concentration, and comprehension abilities in young learners.

4. Emotional Expression

Poems often express feelings and morals, helping children understand and articulate their emotions better.

Popular Small Kannada Poems for Kids

Here are some delightful Kannada poems that are perfect for young children. These poems are simple, rhythmic, and carry meaningful messages.

1. ?????? ?????? ?? (Hakki Mattu Hoo - The Bird and the Flower)

This poem introduces children to nature and animals in a fun and engaging way.

Sample Poem:

????? ?????????? ??? ???????,
????? ?????????? ?????????? ??????????
?????????? ?????????????? ???????????,
?????????????? ?????? ??????????????.

English Translation:

The bird flew high from the tree,
Touched the flower happily.
Birds are singing all around,
Spreading joy across the town.

2. ?????? ?????? ?????? (Hannu Mattu Hoo ? Fruits and Flowers)

An easy rhyme that teaches children about different fruits and flowers.

Sample Poem:

????? ?????? ??????????, ??????? ??????????,
????? ??????? ?????????? ??????????
????????? ?????? ?????????? ?????,

????? ???? ???? ?????????????.

English Translation:

The fruit at home is big and sweet,

Flowers shine like gold on the street.

Let's eat the tasty fruit today,

And enjoy the beautiful flowers along the way.

3. ?????? ??? (Maguvina Hase ? A Child's Smile)

A lovely poem about the innocence and happiness of children.

Sample Poem:

??? ?????? ?????? ???,

??? ?????? ?????????? ???.

????????? ?????? ????? ???????????????,

????? ??? ?????? ?????? ??????.

English Translation:

A child's smile like fresh green leaves,

A heart that laughs and believes.

Let's make joyful moments in life,

Our smiles brighten the world with light.

Tips for Using Small Kannada Poems for Kids

1. Incorporate into Daily Routines

Make reciting poems a part of daily activities like morning wake-up, meal times, or bedtime stories to

reinforce learning.

2. Use Visual Aids

Pair poems with pictures or actions to make them more engaging and help children understand the meaning better.

3. Encourage Memorization and Recitation

Motivate children to memorize and recite poems, which boosts confidence and memory skills.

4. Sing Poems as Songs

Set poems to simple tunes and sing them to make learning fun and musical.

5. Discuss the Moral or Theme

Talk about the message behind the poem to instill values and morals in children.

Additional Small Kannada Poems for Kids

Here is a list of more short Kannada poems that children can enjoy and learn from:

- ????? ?????? (Meleya Hanigalu ? Raindrops): A poem about the joy of rain and nature's beauty.
- ????? ??? (Havina Kathe ? The Snake's Story): A simple story poem teaching lessons about bravery.
- ?????? ????? ?? (Chitte Mattu Hoo ? Butterfly and Flower): A beautiful rhyme about friendship in nature.
- ?????? ?????? ????? (Soorya Mattu Chandra ? Sun and Moon): An imaginative poem about day and night.
- ???????? ?????? (Maaligeya Hannu ? Mango from the Tree): A fun poem celebrating the mango fruit.

These poems can be found in children's Kannada poetry books, online resources, or created by teachers and parents for tailored learning.

Resources for Finding Small Kannada Poems for Kids

- Children's Kannada Poetry Books: Many publishers have collections dedicated to young

learners, such as "Kannada Kavya for Kids" by local authors.

- Online Kannada Literature Websites: Websites like Karnataka Samskriti, Kannada Prabha, and others offer free downloadable poems.
- Educational Apps: Several mobile applications provide audio and visual poems in Kannada suitable for children.
- YouTube Channels: Many channels feature animated recitations of Kannada poems for kids.

Conclusion

Small Kannada poems for kids are more than just rhymes; they are powerful tools to nurture language skills, cultural identity, and emotional intelligence. Their simplicity, rhythmic nature, and meaningful messages make them ideal for early childhood education. Parents and teachers can use these poems as part of daily routines, storytelling, or interactive learning sessions to cultivate a love for Kannada literature among young learners.

Start introducing small Kannada poems to your children today, and watch as they develop a fondness for poetry that lasts a lifetime. Remember, the key is to make learning fun, engaging, and relevant to their world. Happy reciting!

Small Kannada Poems for Kids: Cultivating Language and Culture Through Rhymes

Introduction

Small Kannada poems for kids serve as an engaging and effective way to introduce young learners to the rich tapestry of Kannada language and culture. These short, rhythmic compositions are more than just simple rhymes; they are a means to ignite curiosity, foster language development, and instill cultural pride from an early age. In a world increasingly dominated by digital media, traditional poetry remains a vital educational tool, offering children a rhythmic pathway to grasp basic vocabulary, learn moral values, and connect with their heritage. This article explores the significance of small Kannada poems for children, highlights popular examples, and provides insights into their educational benefits and how parents and educators can incorporate them into early childhood learning.

The Significance of Small Kannada Poems for Kids

Preserving Cultural Heritage

Kannada, one of the oldest Dravidian languages, boasts a rich literary tradition. Small poems for children serve as a bridge to this heritage, making it accessible and appealing to young minds. Learning these rhymes helps children develop a sense of identity and pride in their language and culture.

Language Development and Literacy Skills

Rhymes and short poems enhance phonemic awareness, pronunciation, and vocabulary. The rhythmic nature aids memory retention, making it easier for children to learn new words and sentence structures. Repetition of simple verses reinforces language patterns, which are fundamental during early language acquisition.

Moral and Social Values

Many Kannada nursery rhymes embed lessons on kindness, honesty, respect, and environmental consciousness. Through playful language and engaging themes, children internalize important life lessons in an enjoyable manner.

Cognitive and Emotional Benefits

Reciting small poems boosts confidence, improves concentration, and fosters emotional expression. The rhythm and melody can also soothe young children, providing comfort and a sense of familiarity.

Popular Small Kannada Poems for Kids: Examples and Themes

- Nature and Environment

Rhymes that celebrate nature foster environmental awareness from a young age.

Sample Poem:

_"Benninu maduva bee,

Meghada mele chiguru,

Chitte chitte haadu,

Kudure hogi huli mudra."_

(Translation: The bee makes honey,

Clouds float in the sky,

Birds sing songs,

Horses run and tigers roar.)

Themes: Animals, weather, natural elements

- Daily Life and Routine

Poems that depict everyday activities help children relate to their daily experiences.

Sample Poem:

_"Naale schoola hogona,

Pustaka thedi,

Naale kelasa madona,

Huggi, hasi, yeledu."_

(Translation: Tomorrow, we go to school,

Pick up the book,

Next day, we work,

Laugh and play happily.)

Themes: School, family, hobbies

- Moral Lessons

Short rhymes emphasizing values like honesty, sharing, and respect.

Sample Poem:

_"Nanna swami, nanna dharma,

Satyavanta aagali,

Nanna manasina bhandu,

Sneha mattu prema."_

(Translation: My Lord, my duty,

Be truthful,

My heart's treasure,

Friendship and love.)

Themes: Morality, spirituality, virtues

- Festivals and Cultural Celebrations

Poems that introduce children to traditional festivals and cultural practices.

Sample Poem:

_ "Deepavali aagali,

Deepa jote haadi,

Happi aaguva samaya,

Kelsa, kelage, haadi."_

(Translation: Let it be Diwali,

Lighting lamps together,

A happy time,

Playing and celebrating.)

Themes: Festivals, traditions, community bonding

Educational Benefits of Small Kannada Poems for Kids

Enhancing Pronunciation and Speech

Short, rhythmic poems help children practice pronunciation and develop clear speech. The repetitive sounds and melodies facilitate better articulation and listening skills.

Building Vocabulary

Kids pick up new words related to animals, nature, emotions, and daily routines. Consistent exposure to these poems broadens their linguistic repertoire.

Encouraging Memorization and Recall

Memorizing short poems improves memory skills and builds confidence in reciting in front of audiences, fostering public speaking skills from an early age.

Introducing Cultural Concepts

Poems often include references to local customs, festivals, and traditional practices, embedding cultural knowledge seamlessly into language learning.

Fostering Creativity and Imagination

Many poems evoke vivid imagery, encouraging children to visualize scenes, fostering imagination and storytelling skills.

How Parents and Educators Can Use Kannada Poems Effectively

- Incorporate Rhymes into Daily Routine

Designate specific times for reciting poems, such as morning sessions or before bedtime, making it a regular and enjoyable habit.

- Use Visual Aids and Props

Complement poems with pictures, puppets, or objects related to the theme. For example, use animal toys while reciting animal-themed rhymes to create a multisensory experience.

- Encourage Children to Create Their Own Poems

Stimulate creativity by prompting children to compose simple rhymes or modify existing ones,

fostering expression and language skills.

- Sing and Dance Along

Set poems to music or add simple dance movements. The combination of rhythm, melody, and movement enhances engagement and memory.

- Connect Poems to Activities and Lessons

Link rhymes to lessons on nature, festivals, or moral stories to reinforce learning and make it more meaningful.

- Use Audio and Video Resources

Leverage recordings of traditional Kannada nursery rhymes available online to improve pronunciation and familiarize children with different accents and intonations.

Challenges and Opportunities

While small Kannada poems are invaluable educational tools, there are challenges such as limited availability of age-appropriate content in regional dialects or rural areas with less access to quality resources. However, with the advent of digital media and community efforts, there is significant scope to develop and disseminate a wider array of engaging, culturally rich poems for children.

Initiatives involving local poets, educators, and cultural organizations can produce audio-visual content, mobile apps, and storybooks that make learning Kannada poetry accessible and appealing.

The Role of Cultural Preservation Through Children's Poetry

As language and culture evolve, it is crucial to preserve traditional rhymes and adapt them for contemporary audiences. Small Kannada poems for kids act as custodians of tradition, passing down stories, morals, and cultural nuances across generations. They serve as a foundation for children to appreciate their history and develop a lifelong love for their language.

Conclusion

Small Kannada poems for kids are much more than simple rhymes; they are vital educational tools that nurture language skills, cultural identity, and moral values. Their rhythmic and engaging nature

makes learning enjoyable and memorable, fostering a positive attitude towards the Kannada language from an early age. By integrating these poems into daily routines and educational activities, parents and teachers can contribute to the holistic development of children, ensuring that the rich literary and cultural heritage of Kannada continues to flourish through the next generation. As society advances, maintaining the tradition of Kannada nursery poetry remains a cornerstone in shaping well-rounded, culturally aware young citizens.

Question What are some popular small Kannada poems for kids? Some popular small Kannada poems for kids include 'Chikkaballapura', 'Kanasu', 'Bannada Bannantha', and 'Nanna Makkala'. These poems are simple, rhythmic, and easy for children to memorize. **Why** are small Kannada poems beneficial for children? Small Kannada poems help children develop language skills, improve memory, encourage creativity, and instill cultural values through engaging and rhythmic verses. **Can you recommend** a simple Kannada poem for beginners? Yes, 'Nanna Mane' is a simple and charming Kannada poem suitable for beginners to understand and recite easily. **Are there any online resources** to find small Kannada poems for kids? Yes, websites like Kannada Kids Learning, YouTube channels, and educational apps often feature collections of small Kannada poems suitable for children. **How can parents encourage** kids to memorize Kannada poems? Parents can encourage kids by making recitation fun, using visual aids, repeating the poems regularly, and rewarding their efforts to boost confidence. **Are there seasonal or festival-themed** Kannada poems for children? Yes, many poems celebrate festivals like Sankranti, Diwali, and Ugadi, helping children learn about cultural traditions through small, themed Kannada poems. **What age group** are small Kannada poems suitable for? Small Kannada poems are typically suitable for children aged 3 to 8 years, as they are short, simple, and designed for early learners. **Can small Kannada poems be used** in school activities? Absolutely, these poems are often used in school recitations, cultural programs, and storytelling sessions to promote Kannada language and culture. **How can teachers incorporate** small Kannada poems into their curriculum? Teachers can introduce short poems during language lessons, organize recitation competitions, and encourage children to create their own poems inspired by traditional themes.

Related keywords: Kannada poems, children's poetry, kids' Kannada rhymes, Kannada nursery poems, short Kannada poems, Kannada poetry for children, Kannada lullabies, kids' Kannada verses, simple Kannada poems, Kannada poetic stories

beyond measure the big impact of small changes te

beyond measure the big impact of small changes te: Exploring How Minor Adjustments Can Lead to Major Transformations

In a world where instant results and quick fixes often dominate the narrative, it's easy to overlook the profound influence that small, consistent changes can have over time. The concept that minor adjustments can lead to significant outcomes is not just a motivational cliché—it's a well-established principle supported by various fields such as psychology, business, health, and personal development. Understanding and harnessing the power of small changes can empower individuals and organizations to achieve lasting success and meaningful growth.

Understanding the Power of Small Changes

The Science Behind Small Changes

Research in behavioral science suggests that human habits are formed through repeated actions, and these habits significantly influence our overall well-being and productivity. Small, incremental changes are more sustainable than drastic overhauls because they require less effort and reduce the likelihood of burnout or resistance.

For example, a study published in the European Journal of Social Psychology indicates that it takes approximately 66 days on average to form a new habit. During this period, consistent small behaviors gradually become ingrained, leading to long-term change. This concept, often referred to as the "compound effect," demonstrates how minor improvements, when accumulated over time, can generate exponential results.

The Psychology of Small Wins

The idea of "small wins" stems from the work of psychologist Dick Davidson and organizational theorist Teresa Amabile. Small wins boost motivation, reinforce positive behavior, and build momentum toward larger goals. Celebrating small successes creates a feedback loop that encourages continued effort and resilience.

When people recognize that their small efforts are making a difference, they're more likely to stay committed. This psychological effect is powerful because it transforms daunting tasks into manageable steps, reducing anxiety and increasing confidence.

Real-World Examples of Small Changes Leading to Big Impact

Personal Development

Many successful individuals attribute their achievements to small daily habits. For instance:

- **Reading 10 pages a day:** Over a year, this habit results in reading approximately 3650 pages,

equivalent to several books.

- **Practicing gratitude:** Writing down three things you're grateful for each day can improve mental health and overall happiness.

- **Consistent exercise:** Even 15-20 minutes daily can lead to improved physical health and increased energy levels.

These small, consistent actions compound over time, leading to substantial personal growth.

Business and Organizational Success

In the corporate world, small changes in processes or culture can have a transformative effect:

- **Implementing daily stand-up meetings:** This simple change improves communication, accountability, and team cohesion.

- **Encouraging employee feedback:** Small shifts toward open dialogue can boost morale and innovation.

- **Streamlining workflows:** Minor adjustments in work procedures can increase efficiency and reduce errors.

Companies like Amazon and Toyota exemplify how continuous, incremental improvements, often called *Kaizen*, drive sustained success.

Strategies to Effectively Implement Small Changes

Set Clear, Achievable Goals

Start by defining specific and manageable objectives. Break larger goals into smaller, actionable steps that can be accomplished consistently.

Focus on Consistency Over Intensity

The key is regularity. Even tiny daily improvements can accumulate into significant progress. For example, a 1% daily improvement can lead to a 37-fold enhancement over a year.

Use Tracking and Accountability

Monitoring progress helps maintain motivation. Use journals, apps, or accountability partners to keep track of small changes.

Celebrate Small Wins

Recognizing and rewarding progress reinforces positive behavior and sustains momentum.

The Long-Term Benefits of Small Changes

Increased Resilience and Adaptability

Small adjustments foster a growth mindset, making individuals and organizations more adaptable to change and resilient in facing challenges.

Enhanced Self-Efficacy

Achieving small goals boosts confidence, encouraging further efforts and the pursuit of bigger objectives.

Sustainable Growth

Rather than quick fixes that fade, small, consistent improvements lead to sustainable development and long-lasting success.

Overcoming Challenges in Making Small Changes

Resistance to Change

Change often triggers discomfort. To overcome this:

- **Start small:** Ease into changes gradually.
- **Understand the benefits:** Clarify how small changes align with larger goals.
- **Seek support:** Engage peers or mentors for encouragement.

Maintaining Motivation

Consistency can wane. Keeping track of progress, celebrating wins, and revisiting the 'why' behind changes can sustain motivation.

Conclusion: Embracing the Power of Small Changes

The journey toward meaningful transformation doesn't always require monumental efforts or radical shifts. Instead, it's often the small, deliberate adjustments made consistently over time that create the most profound impact. Whether in personal development, business strategy, or health, embracing the concept that 'small changes' can lead to 'big impacts' empowers us to pursue

continuous improvement with confidence and patience.

By understanding the science behind small changes, leveraging strategies for effective implementation, and celebrating incremental progress, individuals and organizations can unlock their full potential. Remember, it's not about making perfect changes overnight but about making progress every day?knowing that, over time, these small steps will lead to extraordinary results.

Start today. Identify one small change you can make, commit to it, and watch how it transforms your life or business beyond measure.

Beyond Measure: The Big Impact of Small Changes

In a world that often emphasizes grand gestures and monumental shifts, it's easy to overlook the profound influence that small changes can have over time. Beyond measure the big impact of small changes is more than just a catchy phrase?it's a fundamental principle rooted in behavioral science, business strategy, and personal development. Whether it's a slight tweak in daily routines, incremental improvements in a project, or subtle shifts in mindset, these tiny adjustments can snowball into significant transformations. This article explores how and why small changes matter, the science behind their effectiveness, and practical ways to harness their power for lasting impact.

The Power of Small Changes: An Overview

Why Small Changes Matter More Than You Think

While it's tempting to wait for big opportunities or major breakthroughs, the reality is that most lasting change results from a series of small, consistent steps. These minor modifications often go unnoticed at first, but their cumulative effect can be extraordinary.

Key reasons why small changes have outsized impacts include:

- Compounding Effect: Small improvements, when compounded over time, lead to exponential growth.
- Reduced Resistance: Small adjustments are easier to implement and sustain, leading to higher success rates.
- Behavioral Momentum: Small wins build confidence and motivation, encouraging continued effort.
- Less Overwhelm: Incremental changes prevent feelings of being overwhelmed by larger, more intimidating goals.

Historical and Scientific Examples

- The Butterfly Effect: In chaos theory, the idea that tiny variations in initial conditions can lead to vastly different outcomes.
- The 1% Rule: In sports, business, and personal growth, improving by just 1% each day can lead to dramatic long-term results.
- Evolutionary Adaptations: Small genetic changes accumulate over generations, resulting in significant biological evolution.

How Small Changes Drive Major Outcomes

- Behavioral Psychology and Habit Formation

Our habits are shaped by repeated actions. Small, intentional changes can rewire neural pathways, making new behaviors more automatic over time.

Steps to leverage this include:

- Start with tiny habits: For example, reading one page a day or stretching for one minute.
- Use triggers and cues: Associate new behaviors with existing routines.
- Track progress: Visual cues like habit trackers reinforce consistency.

- Business and Organizational Growth

Companies that focus on incremental improvements often outperform those chasing quick wins. Continuous, small innovations can lead to sustained competitive advantage.

Strategies for businesses:

- Kaizen approach: Emphasize continuous, small improvements across processes.
- Customer feedback loops: Implement small product tweaks based on customer input regularly.
- Employee empowerment: Encourage staff to suggest small changes that enhance efficiency or morale.

- Personal Development and Well-being

Small lifestyle adjustments can dramatically improve health, happiness, and productivity.

Effective small change tactics:

- Nutrition: Swap sugary drinks for water or herbal tea.
 - Exercise: Incorporate 5-minute walks into daily routines.
 - Mindfulness: Practice brief daily meditation sessions.
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- Environmental Impact

Even individual actions, when multiplied across millions, can contribute to large-scale environmental benefits.

Examples include:

- Reducing plastic use by a small amount each week.
- Conserving water with minor adjustments like shorter showers.
- Supporting sustainable brands even with small purchases.

Practical Strategies to Implement Small Changes

A. Identify High-Impact Areas

Focus on areas where small adjustments can lead to meaningful improvements.

Questions to consider:

- What behaviors or processes consume the most resources or cause the most stress?
- Where do I see the most room for improvement?
- What's an easy change I can make today that aligns with my goals?

B. Set SMART Small Goals

Design goals that are Specific, Measurable, Achievable, Relevant, and Time-bound but scaled to small actions.

Examples:

- ?Read one page of a book each night for 10 minutes.?
- ?Add one vegetable to each meal for the next week.?
- ?Spend 2 minutes stretching before bed every night.?

C. Build Consistency Through Routines

Consistency is key to turning small changes into habits.

Tips:

- Link new habits to existing routines (e.g., brushing teeth = doing a quick stretch afterward).
- Use reminders or alarms to cue behaviors.
- Celebrate small wins to reinforce positive momentum.

D. Track and Reflect

Monitoring progress helps sustain motivation and identify adjustments.

Tools and methods:

- Journals or digital apps for tracking habits.
- Weekly reflection sessions to assess what's working and what's not.
- Adjust goals as needed to maintain a manageable pace.

Overcoming Challenges in Making Small Changes

- Patience and Persistence

Change takes time. It's vital to stay patient and committed, understanding that progress may be slow but cumulative.

- Avoiding Complacency

Small changes can become routine, leading to complacency. Keep challenging yourself with slight variations or new goals.

- Managing Frustration

Expect setbacks. Use them as learning opportunities rather than reasons to abandon efforts.

- Maintaining Motivation

Remember the bigger picture and celebrate small successes to stay inspired.

The Ripple Effect: Small Changes for a Broader Impact

When individuals, organizations, and communities embrace the principle of beyond measure the big impact of small changes, the ripple effects can be transformative.

Examples of ripple effects include:

- A single person adopting a sustainable habit inspires friends and family.
- Small policy tweaks in a company lead to widespread cultural shifts.
- Tiny daily health improvements improve overall well-being, reducing healthcare costs collectively.

Building a Culture of Incremental Improvement

Encourage environments?be it workplaces, schools, or communities?that value and recognize small wins. This fosters a mindset of continuous growth and resilience.

Conclusion: Embracing the Power of Small Changes

The idea that beyond measure the big impact of small changes is a powerful reminder that meaningful progress often begins with modest steps. By understanding the science behind incremental improvements and adopting practical strategies to integrate them into daily life, individuals and organizations can unlock extraordinary results over time. Remember, big transformations are rarely instantaneous?they are the sum of many small, intentional actions. Embrace these tiny shifts, and watch as they lead to a future shaped by consistent, positive change.

Start small today?because in the end, small changes are the seeds from which great outcomes grow.

Question What is the main concept behind 'Beyond Measure: The Big Impact of Small Changes'? The book emphasizes how small, consistent changes can lead to significant,

transformative results over time, highlighting the power of incremental progress. How can applying small changes in daily life lead to substantial long-term benefits? By making small adjustments consistently, individuals can build momentum, improve habits, and achieve big goals without feeling overwhelmed, leading to lasting positive impact. What are some practical examples of small changes that can create a big impact? Examples include daily reading, regular exercise, saving a small amount of money each week, or practicing gratitude, all of which can accumulate into meaningful improvements over time. Why is understanding the concept of 'measure' important in implementing small changes? Understanding 'measure' helps individuals track progress, stay motivated, and adjust strategies effectively, ensuring small changes are aligned with desired outcomes. How does 'Beyond Measure' differ from traditional self-help approaches? It focuses on the cumulative effect of tiny, manageable changes rather than drastic overhauls, making personal development more achievable and sustainable. Can small changes suggested in the book be applied to organizational or team settings? Yes, implementing small, consistent improvements within teams or organizations can enhance productivity, foster innovation, and drive overall success. What is the key takeaway from 'Beyond Measure' for individuals seeking personal growth? The key takeaway is that consistent, small actions, when compounded over time, can lead to extraordinary results, emphasizing patience and persistence in personal development.

Related keywords: small improvements, continuous growth, incremental change, compound effect, subtle shifts, personal development, effective habits, lasting transformation, minimal effort, significant results

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